

THE THREE SISTERS FUN-SKATE

2026

HOSTED BY THE



THURSDAY FEBRUARY 26, 2026
CANMORE RECREATION CENTRE

1900 8th Avenue Canmore, Alberta



AB|NT|NU

Skate Canada: Alberta-NWT/Nunavut Sanction #3592

HOST CLUB INFORMATION

Event Name 2026 Canmore Three Sisters FunSkate

Event Date February 26, 2026

Host Club Name Canmore Skating Club

Host Club Event Chair

Name: Norine Hori

Email: canmoreskatingclub@gmail.com

Host Club Registrar

Name: Norine Hori

Email: canmoreskatingclub@gmail.com

Host Club Event Lead

Name: Norine Hori

Email: canmoreskatingclub@gmail.com

Arena Details

Name: CANMORE RECREATION CENTRE. Alex Kaleta Arena.

1900 8th Avenue Canmore, Alberta

Registration Times

Registration begins 30 minutes prior to the start of the 1st event of the day.

GENERAL INFORMATION

1. Categories: The following Categories will be held

- CanSkate/PreStar Element Event (Stages 3-6)
- Star 1 Element Event
- Star 2 & 3 Solo Event

2. Entry Fees

EVENT	FEE
Elements	\$25
Solo Events	\$25

3. Schedule: a schedule of events shall be emailed to each club designate prior to the commencement of event.

4. Entries: Entrants in Events shall be

1. Eligible persons as defined in Skate Canada Rule Book Section 2100
2. Be Associate members in good standing of the Association. Event entries will only be accepted from skaters who are members affiliated with Skate Canada clubs – Canmore Skating Club and Banff Figure Skating Club.
3. Skaters may enter only ONE event.

5. Closing Date of Entries: All entries must be received no later than February 16, 2026

6. Late Entries: Late entries may be accepted at the discretion of the Host Club.

7. Refund of Entry Fees: No refunds will be made after the closing date. Event fees shall be refunded due to event cancellation.

8. Accidents: The Association and Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this event, all skaters and parents or guardians shall be deemed to agree all risks or injuries to the skater's person and property resulting from, or caused by, or connected with the conduct and management of the event. An agreement must also be deemed to release all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

9. Registration: Skaters may register 30 minutes prior to the scheduled start time for their event. Skaters must report to the ice captain 30 minutes prior to the scheduled start time of their event.

10. Cancellation of Events: The Host Club reserves the right to cancel any event.

11. Flight System: If the number of registrations in a category warrant it, a flight system will be used. Skaters will be grouped according by age firstly, date of registration secondly.

12. Warm Up Times: Skate Canada has designated standardized warm up times for all events

13. Awards: It is the responsibility of skaters to proceed directly to the award presentation area following their skate, wearing skates and skating attire.

CanSkate Element Event – elements performed in isolation. Results are tabulated for everyone separately. Skaters do not compete against each other for a ranking since awards are based on performance standards alone.

Stage 3

- Forward circle thrusts
- Backward 2-foot sculling
- Backward 2-foot jump

Stage 4

- Forward crosscuts
- Backward circle pumps
- Forward 1-foot turn
- Forward to backward 2-foot jump
- Backward to forward 2-foot jump

Stage 5

- Forward inside edges
- Forward 2-foot side stop
- Backward push glide Sequence
- Forward power jump

Stage 6

- Forward outside edges
- Forward 1-foot side stop
- Backward perimeter skating with crosscuts
- Forward to backward c-steps

Isolated Element Event Star 1- Elements performed in isolation. Results are tabulated for everyone separately. Skaters do not compete against each other for a ranking since awards are based on performance standards alone.

Star 1 -MAY have passed Stage 6 of CanSkate.

- Circle Crosscut Exercise: Draw for direction
- Waltz jump
- Salchow
- Toe loop
- Forward upright spin
- Backward upright spin
- Forward Spiral Circles
- Creative Exercise

Star 2 & 3 Solo Events

Skaters will supply their own music of 2 minutes +/- 10 seconds and perform a program that includes the below elements.

Individual elements plus Skating Skills, Performance, and Interpretation assessed to standard.

Star 2 Program

Nine elements:

- Single Salchow
- Single Toe Loop
- Waltz Jump + single Toe Loop combination
- Single Loop Jump
- Single Flip or single Lutz
- Backward Upright Spin
- Forward Entry Sit Spin or Camel Spin with no change of foot; no flying entry; no variations of positions; forward Upright Spin is not permitted
- Forward Spiral Sequence: a sequence of two forward Spirals with no more than eight Steps in between; one Spiral on each foot, unsupported position; on either inside or outside Edge
- Forward Turn Sequence: forward outside Three-Turn + backward Crosscut + backward inside S step (i.e. step-forward); executed four times

Star 3 Program

Eight elements:

- **Five Jump Elements**
 - all single jumps permitted including single Axel; no double jumps permitted
 - must include at least one Axel-type Jump (waltz or single Axel)
 - must include at least five different types of single jumps (note: waltz and Axel are considered the same type)
 - must include a single loop + single loop Jump Combination
 - maximum of one additional Jump Combination; maximum of two jumps in a combination
 - no Jump Sequences
 - no jump may be included more than twice
 - a repeated jump must be executed as part of a Jump Combination
- **Two Spins**
 - backward Upright Spin
 - Combination Spin that has at least one Camel Position and one Sit Position and commences with a forward entry; no flying entry or variations of positions; change of foot optional
- **Forward Spiral Sequence:** a sequence of two forward Spirals with no more than four Steps in between; one Spiral on each foot, unsupported position; on either inside or outside Edge.